



Lessons 2-11 will help you master consecutive interpretation and increase your accuracy in this mode. The exercises contained in these ten lessons will allow you to learn and automatically apply:

- 8 *techniques* to take notes faster, more clearly and efficiently.
- More than 36 *symbols* to represent words that are commonly used in regular speech.
- Tips to increase your *listening* and *memory* skills.

Finally, lessons 12-20 provide practices for *beginners* to develop *simultaneous* and *sight* interpretation skills.

How Do I Study?

This **Lesson Plan** can be used by: 1) a single student, 2) pairs, or 3) a group class. Having a study partner can increase your commitment to this program, while improving your sessions due to the exchange of perspectives. If possible, meet with a study-buddy (either in person, over the phone, or through Skype).

Study 2 to 3 times a week. Set aside two hours for each lesson. If a lesson takes you less time to complete, you may want to go on to the next one until putting in two full hours.

Make sure you read the materials needed for the upcoming lesson *ahead of time*, so you can gather what you will need and be ready to get started without delays.

The **Lesson Log** offered in the following pages will help you keep track of your study sessions, so make as many printed copies as you need (or fill it out with an erasable pencil or pen to reuse it). Keeping a written record of your studies lets you always know exactly what stage of the process you are in and what comes next in the Lessons Plan.

To master each subject, feel free to repeat any lesson that gives you difficulties. Go through the lesson again and again until you feel truly comfortable with its contents. Repetition allows you to get the best out of each lesson. Remember, practice makes perfect.

Interpretrain wishes you great success in your quest to become the best interpreter you can be!